

Q1 2026 SMARTWATCH AND CYCLING COMPUTER FEATURE UPDATE



In an ongoing effort to improve our products and provide enhanced features to existing users, we are excited to announce our next feature update for smartwatches and cycling computers. The update provides improved functionality and new features for a variety of our fitness and outdoor products.

The free software updates have begun rolling out and will continue to do so over the coming weeks. Customers can update their smartwatch or cycling computer by enabling automatic updates from their devices.

Please see the below for a few featured highlights found in this update as well as a detailed reference table at the end of the document.

NEW FEATURES

Notable features in this software release include:

GEAR TRACKING

Assign gear to specific Garmin Connect activities, and automatically track detailed usage stats, including distance, activities, hours and days of use on your smartwatch or in the Garmin Connect™ app. A new gear database includes specific running shoe brands and bike models. The gear collections feature allows you to group multiple items and assign them to the same activity. Choose from more gear types that include bike components, running shoes, snowboards, skis, and more. This feature update is available for all Garmin Connect users. The smartwatches listed in the table below also get the on-watch experience.



COURSE PLANNER

Prepare for what's to come. This feature lets you add cut-off times, notes, rest plans, checkpoints and aid stations to keep you on track throughout the race.



SPORT SCORES

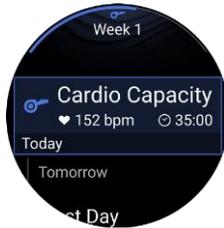
Follow your favorite teams with on-wrist access to live data, schedules and standings for a customizable list of 15 different sports leagues, when paired with your smartphone.



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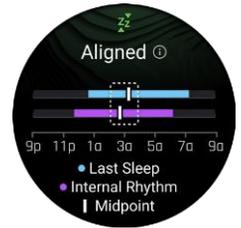
GARMIN FITNESS COACH

Get a personalised plan based on your fitness, activity history and background information. This includes a variety of time duration and heart rate-based cardio workouts that vary in intensity plus optional strength workouts.



SLEEP ALIGNMENT

See how aligned you are to your circadian rhythm and see your sleep consistency on your watch.



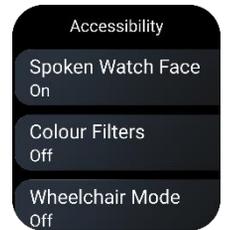
VARIA™ VOICE ALERTS

In addition to haptic and visual alerts, select Garmin smartwatches can now also provide voice alerts for approaching vehicles and more when connected to a Varia rearview radar.



ACCESSIBILITY

Make your watch work for your needs with new accessibility features. These include a spoken watch face so you can hear the data shown on your watch face, colour filters to assist with colour blindness and alerts for the start of each hour.



COMPARISON

	COURSE PLANNER	SPORTS SCORES	GARMIN FITNESS COACH	SLEEP ALIGNMENT	DISPLAY COLOUR MODES	CONTEXTUAL VOICE ALERTS
Venu® X1	•	•	•	•	•	•
Venu 4		•	•	•	•	•
vivoactive® 6		•	•		•	•
Forerunner® 570/970	•	•	•	•	•	•
fēnix® 8, fēnix 8 Pro, fēnix E, Enduro™ 3, tactix® 8, quatix® 8, quatix® 8 Pro, D2™ Mach 2	•	•	•	• <small>Excludes fenix E</small>	•	• <small>Excludes fenix E</small>
Instinct® 3, Instinct Crossover AMOLED						
Instinct E						

KEY

- New feature with the February 2026 software release
- Product already has this feature

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COMPARISON CONTINUED

	MIXED SESSION	GEAR TRACKING	LIFESTYLE LOGGING ON WATCH	WEIGHT TRACKING	BATTERY MANAGER	VARIA VOICE ALERTS	SUGGESTED FINISH LINE	POST-DIVE ACTIVITY GUIDANCE
Venu®X1	•	•	•	•	•	•	•	• ¹
Venu 4	•	•	•	•	•	•		• ¹
vivoactive® 6	•	•	•	•	•	•		
Forerunner® 570/970	•	•	•	•	•	•	•	• ¹
Edge® MTB		• <small>Garmin Connect™ app only</small>					•	
Edge 540/840/1040		• <small>Garmin Connect™ app only</small>						
Edge 550/850/1050		• <small>Garmin Connect™ app only</small>				• <small>Edge 850/1050 only</small>	•	
fēnix® 8, fēnix 8 Pro, fēnix E, Enduro™ 3, tactix® 8, quatix® 8, quatix® 8 Pro, D2™ Mach 2	•	•	•	•	•	• <small>Excludes fenix E</small>	•	• ¹
Instinct® 3, Instinct Crossover AMOLED		•						
Instinct E		•						

	TREADMILL WALK	DISTANCE TO INDOOR ROWING	PACK WEIGHT FOR STAIR CLIMBING	TRUCKING FEATURES	EXPANDED MORNING REPORT	SMART WAKE ALARM	ENHANCED TRAINING READINESS
Venu®X1					•	•	•
Venu 4					•	•	•
vivoactive® 6					•	•	
Forerunner® 570/970					•	•	•
fēnix® 8, fēnix 8 Pro, fēnix E, Enduro™ 3, tactix® 8, quatix® 8, quatix® 8 Pro, D2™ Mach 2					•	•	•
Instinct® 3	•	•	•	•	•	•	•
Instinct Crossover AMOLED	•	•	•		•	•	•
Instinct E	•	•			•	•	

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¹Devices that do not support the scuba activity and are not dive-rated require a separate compatible Garmin dive computer for diving.